# ROCK CREEK ELEMENTARY ZERO HOUR 2018-19

#### **SCIENCE**

# SCIENCE, Grade 1 & 2

8:00-9:00 A.M. Mondays

Session 1: Oct. 15 - Dec 17 - Space Session 2: Jan. 7 - Mar 18 - Light &

Sound

Session 3: Mar, 25 - May 20 - Plants & **Animals** 

Extend the first grade science units through

books, art, songs, games, science experiments and other activities. Sign up for one session or for all three. Noonan, B-1

# **CHALLENGES**

# INTRO TO COMPUTER CODING.

Grade 5, Mondays and Thursdays, 8:00-9:00 A.M.

Session 1: Oct. 15- Dec. 6 Session 2: Dec. 10 – March 14 Session 3: March 18 – June 6

Is your child persistent when faced with challenging problems? Does your child enjoy solving mental puzzles? Does your child have an interest in computers? If so, this class will be a good fit! Intro to Coding will cover the basics of computer programming. We start off with block coding and then move into Java Script. As the class goes along, the challenge level increases. This is for students who do not give up and look forward to pushing their mental limits. Betlach - A5

# **MATHEMATICS**

## **MATH SUPPORT, GRADE 1**

Thursdays, 8:00-9:00 A.M., Oct. 15 - May 20th This class is designed to support students who need extra practice with first grade math concepts. It will review these skills in a small group at a slower pace. We will review the math concepts taught in class using manipulatives, games, literature and technology to help students who need additional support understanding the first grade math skills. If you aren't sure if this class would be right for your child, check with their first grade teacher.

Noonan - B1

**ENROLLMENT**: Due to the popularity of our zero hour programs, a drawing may be held to determine the enrollment. If more than one session is listed, students register for the class and a random drawing will be held for all available sessions. Students will be notified of their session assignment or in some cases, if they are placed on a waiting list due to over-enrollment.

#### **MUSIC**

#### STEEL DRUMS, Grades 4-5

Mondays, Apr 15-June 3, 8:00-9:00 AM We will learn proper techniques and songs that are traditional Caribbean folk songs and some arraignments of music from around the world. O'Connell - P5

#### **RECORDER CLUB, Gr. 3-4**

Fridays, 8:00-9:00 A.M., Apr 19- May 31 This is an opportunity to expand your recorder skills by participating in guided O'Connell - P5 practice sessions.

### HONOR CHOIR, Gr. 4 & 5

8:00-9:00 A.M. starting Oct. 9

Grade 4: Tuesdays Grade 5: Thursdays

We begin the year working on vocal techniques and learning songs for Honor Choir requires performances. regular attendance and commitment, but it's also lots of fun! Class size is limited to 40 students for each 4th and 5th grade See Mr. O'Connell for more level. information. O'Connell - P5

#### **COMMUNITY CONTRIBUTER**

#### **ROCK CREEK SPIRIT CREW**

**Gr. 4 & 5,** Fridays, 8:00-9:00 A.M.

Session #1: Nov. 9 - Dec. 21 Session #2: Jan. 11 - Feb. 15 **Session #3:** Mar. 1 – Mar. 29 Session #4: April 19 - June 7

Students on the Rock creek Spirit Crew will help plan and put on the Rock Creek Spirit Assemblies. The Spirit Crew will plan and produce the videos that are shown at the assemblies, make posters promoting the assembly, plan the upfront game and help pick the music that is played. On the day of the assembly, Spirit Crew members will help set up and run the assembly as well as help to clean up after the assembly. Aaby - A2

## **GREEN TEAM, GRADES 2-5**

8:00-9:00 A.M. the last Tuesday of every month, 10/30, 11/27, 12/18, 1/29, 2/26, 3/26, 4/30, 5/28 Interested in helping the environment? Want to help the Rock Creek Eagles do everything they can to protect all of the ecosystems on our planet? Want to get together with friends and be community contributors of your school? Join Mr. Schuster to learn more about the environment, ways to help conserve and protect it, and work with our school to continue to be a GREEN SCHOOL. Join the green team!

Schuster

### **PHYSICAL EDUCATION**

#### **VOLLEYBALL – Grade 5**

8:00-9:00 AM, Tuesday & Thursdays, Oct. 23 - Nov. 15

Students practice skills culminating in a district tournament at Cedar River Elementary with all four elementary schools scheduled during conference early release days (1:30 – 3:00 PM).

Friday, November 16 - Boys Monday, November 19 - Girls Tuesday, November 20 - Co-ed information More regarding the tournament will be sent home in early November. Rademacher - gym

## TRACK, Grade 4 & 5

8:00-9:00 AM, April 16 - May 9

Tuesdays: Grade 4 Thursdays: Grade 5

Track is an opportunity for students to be a part of a team, develop proper running mechanics, and increase their speed and endurance. The culminating event (for 5th grade students only) will be a district wide elementary track meet on May 10th at the high school. More information will be sent home in April. Ward/Rademacher

#### SPEED STACKING, Grades 1 & 2

Fridays, 8:00-9:00 A.M., March 1 - 29 Speed stacking is for everyone! Come learn how to cup stack or become a faster Rademacher - gym stacker.

# SPEED STACKING, Grades 3, 4, 5

Fridays, 8:00-9:00 A.M., Jan 11 - Feb 1 Speed stacking is for everyone! Come learn how to cup stack or become a faster Rademacher - gvm stacker.

BREAKFAST: Breakfast is from 8:50-9:10 A.M. for \$2.00

TRANSPORTATION: Students may ride their neighborhood Tahoma High School I bus in the a.m. Students will transfer to bus #86 at the high school which will leave at 7:45 for Rock Creek Elementary.

Behavioral Expectations: Students in Zero Hour classes follow the same behavioral expectations as during the regular school day. Enrollment in this program is contingent on following those expectations.

Questions? Radie Haytack 425-413-3313 or email: rhaytack@tahomasd.us