

Tahoma School District – Breakfast & Lunch Menus

May 2021

Tahoma School District provides curbside meal services at Tahoma High School and Lake Wilderness Elementary School every day, Monday thru Friday. **Free** meals are available to all children age 18 and younger. **FREE** grab & go breakfast and lunches are served together in take-out containers or paper bags. All lunches include ½ cup fruit, ½ cup of veggies and milk. All meals will be served cold. Some entrees may be on the frozen side for food safety reasons. **Remote Learning:** Meals are available at curbside on school days at Tahoma High School 11:15 a.m.-12:00 p.m. Parents may pick up meals for children 18 and younger who are NOT attending in-school learning. Parents may pick up meals without children being present. Parents should not pick up meals for children that are receiving meals at school.

"This institution is an equal opportunity provider." Menus are subject to change due to occasional food and supply shortages.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cereal Milk Fruit	Cereal Milk Fruit	Cereal Milk Fruit	Cereal Milk Fruit	Cereal Milk Fruit
3	4	5	6	7
Chicken Nuggets or Cook's Choice	Chicken Burger or Cook's Choice	Turkey & Cheese Hoagie or Cook's Choice	Beef Nachos Cook's Choice	Cheese Pocket or Cook's Choice
Cereal Milk Fruit	Cereal Milk Fruit	Cereal or Cooks Choice Milk Fruit	Omelet and Bagel Milk Fruit	Mini Cinnamon Rolls Milk Fruit
10	11	12	13	14
Cheesy Pull-Aparts or Cook's Choice	Hamburger or Cook's Choice	Bagel Pizza or Cheese Pocket or Cook's Choice	Beef Burrito or Cook's Choice	Cheese Pocket or Cook's Choice
Cereal Milk Fruit	Cereal Milk Fruit	Cereal Milk Fruit	Cereal Milk Fruit	Cereal Milk Fruit
17	18	19	20	21
Chicken Nuggets or Cook's Choice	Hamburger or Cook's Choice	Garlic Cheese Toast Cook's Choice	Taco Chicken Bowl Cook's Choice	Cheese Pocket or Cook's Choice
Cereal Milk Fruit	Cereal Milk Fruit	Cereal or Cooks Choice Milk Fruit	Omelet and Bagel Milk Fruit	Cereal Milk Fruit
24	25	26	27	28
Mozz.Bread Sticks or Cook's Choice	Hamburger or Cook's Choice	Cheesy Pull-Aparts or Cook's Choice	Pizza or Cheese Pocket or Cook's Choice	No School No Meal Services
Cereal Milk Fruit				
31				
Memorial Day No Meal Services	On Campus Learning Students will not eat meals at school. The district provides take-home breakfast and lunches daily. When elementary teachers take attendance, they'll ask students if they would like to take a meal kit home. Food services staff will distribute the meal kits to the classrooms and teachers will hand out the meals at the time of dismissal. Students may <u>not</u> take additional meals home for siblings. Students in grades 6-12 may pick up a grab & go meal kit at dismissal. Please check your child's backpack and refrigerate meals until you are ready to heat and serve them.	Remote Learning Meals are available at curbside on school days, at Tahoma HS 11:15 a.m.-12:00 p.m. Meals are free thru the end of the 2020-2021 school year. Parents may pick up meals for children 18 and younger who are NOT attending in-school learning. Parents may pick up meals without children being present. Parents should <u>not</u> pick up meals for children that are receiving meals at school.	Special Dietary Needs Take-home meals include regular breakfast and regular lunch. We do not provide special meals unless we receive a doctor's note to make dietary modifications for your child. https://www.k12.wa.us/sites/default/files/public/childnutrition/programs/nsibp/pubdocs/ParentInformationSpecialDietaryNeedsAccommodationsChildNutritionServices.pdf https://www.k12.wa.us/sites/default/files/public/childnutrition/programs/pubdocs/requestforspecialdietaryaccommodations.pdf	